**Lesson 6 – Sexting**

**What to consider before posting a photo -** is it legal? Would you post it on a noticeboard? Do you have permission? What do i look like? Who am i sharing it with?

**What is sexting? -** When people talk about sexting, they usually mean sending and receiving:
naked pictures or 'nudes', 'underwear shots', sexual or 'dirty pics', rude text messages or videos. They can be sent to or from a friend, peer,  boyfriend, girlfriend or someone you've met online.

**Advice and support -** Childline, The Mix, any adult in school, CEOP.

**Lesson 3 - New relationships**

**Attraction -** interest or desire you feel towards someone.

**Why do people want a relationship?** To feel safe, loved or close. Because others are, they have been forced don’t want to be left out.

**Love -** an intense affection for another person.

**Where do the pressures to have a relationship come from?** Peers, friends, family, society, the media.

**Lesson 5 – Consent**

**Consent -** Permission for something to happen or agreement to do something.

**People can give consent to** - borrow something, sign a contract, look through someone's phone, give someone a hug, have sex with someone.

**The law** - it is never ok to put pressure on someone to say yes. Their decision should always be listened to and respected.

**What can stop someone giving consent freely?** - feel pressured, forced, drunk, under the influence of drugs and don't understand what is happening.

**Lesson 4 – Grooming**

**What is grooming? -** the process that abusive people use to trick a child or young person into believing they are trustworthy and or their friend so that they can exploit the young person for their own gain.

**Mate crime -** is when somebody takes advantage of someone by pretending to be their friend.

**County lines -** City-based gangs supplying drugs to areas outside the cities using dedicated mobile phone lines

**Risks of being in a gang -** criminal record, being hurt, risk to relationships, living in fear, prison.

**CSE -** Child Sexual Exploitation

**Who can you talk to?** Anyone in school, a trusted adult, NSPCC, Childline.

**Lesson 2 Unhealthy relationships**

**What can make a relationship an unhealthy one?** Checking someone's phone, spending all your time together, asking where they are all the time, putting pressure on them.

**When might you need to break someone's trust?** If they are in danger, scared or worried about something.

**Who can you talk to if you’re worried about a relationship?** Safe @ last, Childline, Barnardo’s, teachers, or trusted adults.

**Lesson 1 Healthy relationships**

**We have relationships with** - family, friends, partners, teachers, colleagues.

**What can make a relationship a healthy one?** Someone who is Supportive, kind, funny, loyal, and honest.

**What does it mean to be in love?** To be supported, to have trust, seeing a future together, feeling safe.

**Topic 5 Identity and relationships**