

EXAM PRACTICE QUESTIONS FOR THE FORTHCOMING  
EXAMINATIONS IN HEALTH AND SOCIAL CARE

The following information is about the Demir family.

Read the information and answer the questions which follow.

Delara is 40 years old and married to Hakan. They have two children a daughter,

Almas, who is 17 years old and a son, Ahmet, who is 7 years old.

*People pass through the following life stages.*

*Infancy --childhood -- adolescence -- early adulthood -- middle adulthood --later adulthood.*

*Identify the current life stages of Almas and Ahmet.*

(2)

*Almas*

.....**ADOLESCENCE**.....  
.....

*Ahmet*.....**CHILDHOOD**.....  
.....2



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(ii) Define the term social play.

*Social play is interacting with other people and developing communication skills*

(iii) Identify two benefits of play for social development.

(2)

*1 interacting with others*

*improve communication skills*

*2 making new friends*

*building teamwork*

*As children develop into adults many changes occur.*

(d) (i) Give two examples of physical changes which only happen to girls and two examples of physical changes which only happen to boys during adolescence.(4)

Complete the table below.

<i>Physical changes which only happen to girls</i>	<i>Physical changes which only happen to boys</i>
<i>Hips widen</i>	<i>Voice breaks shoulders broaden</i>
<i>Breasts develop</i>	<i>Penis grows</i>
<i>Periods start</i>	<i>Testicles drop</i>

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*(ii) State one physical change which happens to both girls and boys in adolescence.*

*(1) Pubic hair grows*

*(2) Grow taller*

*(3) Get heavier*