

# **The effect of relationships on personal growth and development**

## Family relationships

- Parents and children
- Brothers and sisters
- Extended family relationships
- Husbands and wives
- Partners – different sex and same sex

# Friendships

- Close friends
- Best friends
- Same sex and different sex friendship groups
  - children and adolescents
- Importance of friendships across the life course

# Work colleagues

- People we work with
- Relationships with managers and a persons 'boss'
- Effects of promotion, redundancy and retirement

# Sexual and intimate relationships

- Development of this type of relationship in adolescence and early adulthood
- Living together
- Partners
- Marriage
- Same sex relationships
- Civil ceremonies