

Infancy

0–2 years

Physical changes in infancy

- Gross motor skill development
- Hold head up
- Sit up
- Crawl
- Walk
- Bones harden
- Muscles stronger

Intellectual changes in infancy

- Sensory-motor stage
- Object permanence
- Language development
- Babbling

Emotional changes in infancy

- Attachment
- Bonding
- Trust and security
- Baby and adult (first relationship)
 - *Template for future relationships so quality of relationship is very important*
- John Balby's work

Social development in infancy

- Solo play
- Parallel play
- Importance of play
- First relationships as a 'blueprint' for the future

Distinction between growth and development

- **Growth** – change in size and mass
- **Development** – acquiring new skills and capabilities

Developmental norms

- Sit up unaided
 - *6-8 months*
- Crawl
 - *8-10 months*
- Walk
 - *12-14 months*
- say a few words
 - *9-12 months*