



## What is NCS?

NCS is a once in a lifetime opportunity that helps you build for work and life, while you take on new challenges and meet new friends. The national citizen service is a four week programme that takes the below format.

### **Phase 1 ADVENTURE**

In your first week you will be travelling with your team up into the country side to an adventure outdoor activities centre. Getting to know each other and experiencing the freedom of being away from home with new friends. Once you've said yes you will be placed in a team of 12-15 young people with your friends and new friends – people that could change your life or you change theirs. In this week you'll get the chance to take part in adrenaline-fuelled activities with your team mates: like rock climbing, kayaking, abseiling and gill scrambling.

### **Phase 2 FUTURE HOME**

Next up, after the weekend you will be reunited with your team, to live away from home in university style accommodation. You get your own flat, room and en-suite!! You will get to cook for yourself with the help of your team, and there will be a come dine with me competition towards the end of the week to show your team leaders your skills. You will also learn some huge life skills that will make you stand out and have a killer CV. During this week you will become a qualified first aider, learning about different charities and developing new personal skills. We also do some training with the blind, the Academy Self Defence and Drug Awareness.

Sheffield Wednesday Community Programme is the lead organisation delivering NCS in Sheffield).

SWFC Training Ground Middlewood Road, Hillsborough.  
0114 324 0737

NCS Trust is a not-for profit social enterprise established to shape, support, champion and lead a thriving National Citizen Service (NCS).

NCS Trust, 131-151 Great Titchfield Street, London, W1W 5BB



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### Phase 3 MAKING A DIFFERENCE/ SOCIAL ACTION

In these two weeks you get to put all the skills that you have learnt into practice as a team. Agreeing on a social action project that will really make a mark on your local community. This is your chance to do something amazing, plan your own project, fundraise for it and make it happen. It might be renovating an area, raising money for a charity, setting up a youth club or setting up sports camps. These are your own ideas to make a difference.

### Phase 4 GRADUATION

Once you have completed the programme, we get to celebrate with a big graduation. We invite parents, players, MP's your teachers to come and celebrate you completing the programme and watch you come on stage and collect your certificate. After the ceremony we have a big party to finish the NCS in style, this year we had a disco, photo booths and an amazing party. Once you are a graduate you are part of the NCS graduate and you will be invited to some of the greatest shows and events nationwide, and we constantly develop ways to keep you involved with us and the community.

### WHAT'S IN IT FOR YOU?

Not only do you get a two week holiday with all your friends, but you gain further skills for work and life and will look great on your CV. It is recognised by employers as it builds in all the skills that employers are looking for such as confidence, teamwork and leadership skills. As well as this NCS is also recognised by UCAS and if you are thinking of applying to university it will make your personal statement really stand out!

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## How much does it cost? Is it for me?

As you can imagine, the cost of running the program is quite high however the great news is that the programme is heavily subsidised so you will actually **pay no more than FIFTY POUNDS!** Not the one thousand plus that it costs to run, that's great value! The £50 covers your travel, accommodation, and food, activities and even a t-shirt and water bottle.

NCS is non-exclusive, we want everyone to have the chance to take this once in a lifetime experience! If you're shy or loud, big or small, sporty or arty, NCS is for you. We cater for everyone, whatever your culture or belief. If you do have any additional needs then we will make every effort, where possible, to ensure the best possible experience.

Within this letter you will have received an application form, NCS works on a first come first served basis so it's in your best interest to return this to us as soon as possible. When we have received your pack, we will send you out confirmation through the post.

There are various dates available all summer so you can choose a wave that matches your family events and holidays. If you are interested please return your form to us as soon as possible to confirm a place, not forgetting to select your preferred wave on the slip attached.

## Find out more.....

See Mr Hollingworth at Ecclesfield School in C104 or for more information, please don't hesitate to call us on 0114 3240737

## Sign up....

Sign up before Jan 31<sup>st</sup> 2017 using discount code '**15OFFNCS**' and receive a £15 discount off NCS. That means 4 weeks of fun for just £35!

Click [HERE](#) to sign up!!

**Remember! It all starts at YES!**