

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026

|       | OPTION ONE                                                                                                                                                                                                                                 | OPTION TWO                                                                                                                                                                                                                                                                                                                                                                    | GRAB & GO                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <b>SAUSAGE AND MASH</b><br>with Vegetables and Gravy                                                                                                                                                                                       | <b>PAN-ASIAN</b><br><br><b>YELLOW VEGETABLE CURRY</b><br>with Wholegrain Rice                                        | <b>HOT DISHES:</b><br><br>Paninis<br>Pasta and Sauces <br>Freshly Baked Pizza<br>Jacket Potato and Toppings                                                                                                                                                                                        |
| TUE   | <b>BURGER BAR</b><br><br><b>JERK CHICKEN BURGER</b><br>with Baked Garlic and Herb Wedges and Salad                                                                                                                                         | <b>BURGER BAR</b><br><br><b>BLACK EYED BEAN BURGER</b><br>with Baked Garlic and Herb Wedges and Salad                                                                                                                                                                                    | <b>SALADS:</b><br><br>Tuna and Sweetcorn Pasta Salad <br>Pesto Pasta Salad   <br>Roasted Indian Chickpea Salad   |
| WED   | <b>ROAST LOIN OF PORK WITH APPLE SAUCE AND STUFFING</b><br>with Roast Potatoes, Vegetables and Gravy                                                                                                                                       | <b>SPICE IS NICE</b><br><br><b>SPICED SWEET POTATO AND CHICKPEA ROAST</b><br>with Wholegrain Rice and Salad    | <b>SANDWICHES/BAGUETTES:</b><br><br>Range of Classic Sandwiches <br>Chicken Salad Sandwich  <br>Cheese and Pickle Baguette <br>Tuna Mayo Baguette<br>BLT Baguette                                                                                                                          |
| THURS | <b>CHILLI CON CARNE</b><br>with Wholegrain Rice and Vegetables   | <b>STREET</b><br><br><b>OPEN CAJUN VEGETABLE FAJITA</b><br>with Baked Garlic and Herb Wedges and Vegetables                                                                                         | <b>WRAPS:</b><br><br>BBQ Chicken Wrap <br>Chicken Caesar Wrap <br>Crunchy Pepper and Houmous Wrap                                                                                                                                                                                          |
| FRI   | <b>TENNESSEE CRISPY CHICKEN BURGER</b><br>with Chips and Baked Beans or Peas                                                                                                                                                               | <b>FRIDAY FAVOURITES</b><br><br><b>BBQ QUORN BITES</b><br>with Chips and Baked Beans or Peas                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

 Vegetarian

 Vegan

 Oily Fish

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

|       | OPTION ONE                                                                                                      | OPTION TWO                                                                                                             | GRAB & GO                                                                                                                                                                                                     |
|-------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <div>SPICE IS NICE</div> <div>CHICKEN TIKKA MASALA</div> <div>with Wholegrain Rice and Vegetables 🌿❤️</div>     | <div>VEGETARIAN LASAGNE</div> <div>with Margherita Pizza Pinwheel and Salad</div> <div>🌿❤️</div>                       | <div>HOT DISHES:</div> <div>Paninis</div> <div>Pasta and Sauces 🌿</div> <div>Freshly Baked Pizza</div> <div>Jacket Potato and Toppings 🌿🌱🐟</div>                                                              |
| TUE   | <div>BURGER BAR</div> <div>SRIRACHA CHICKEN BURGER</div> <div>with Baked Garlic and Herb Wedges and Salad</div> | <div>BURGER BAR</div> <div>TIGER BHAJI BURGER</div> <div>with Baked Garlic and Herb Wedges and Salad 🌱</div>           | <div>SALADS:</div> <div>Tuna and Sweetcorn Pasta Salad 🌿</div> <div>Pesto Pasta Salad 🌿🌿❤️</div> <div>Roasted Indian Chickpea Salad 🌱❤️</div>                                                                 |
| WED   | <div>ROAST CHICKEN</div> <div>with Roast Potatoes, Vegetables and Gravy</div>                                   | <div>PAN-ASIAN</div> <div>SWEET CHILLI VEGETABLE NOODLES</div> <div>with Satay Sweetcorn 🌿❤️</div>                     | <div>SANDWICHES/BAGUETTES:</div> <div>Range of Classic Sandwiches 🌿</div> <div>Chicken Salad Sandwich 🌿❤️</div> <div>Cheese and Pickle Baguette 🌱</div> <div>Tuna Mayo Baguette</div> <div>BLT Baguette</div> |
| THURS | <div>STREET</div> <div>FIRECRACKER BEEF</div> <div>with Wholegrain Rice and Vegetables 🌿❤️</div>                | <div>STREET</div> <div>VEGETABLE JAMBALAYA</div> <div>with Green Beans 🌱</div>                                         | <div>WRAPS:</div> <div>BBQ Chicken Wrap 🌿</div> <div>Chicken Caesar Wrap 🌿❤️</div> <div>Crunchy Pepper and Houmous Wrap</div> <div>🌱❤️</div>                                                                  |
| FRI   | <div>SOUTHERN FRIED CHICKEN GOUJONS</div> <div>with Chips and Baked Beans or Peas</div>                         | <div>FRIDAY FAVOURITES</div> <div>CHEESE, ONION AND POTATO SLICE</div> <div>with Chips and Baked Beans or Peas 🌿</div> |                                                                                                                                                                                                               |

🌿 Vegetarian

🌱 Vegan

🐟 Oily Fish

🌿 Wholegrain

❤️ Nutritionist's Choice

Our menu is subject to change.

WEEK 3

THIS WEEK'S MENU

W/C: 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

|       | OPTION ONE                                                                                                    | OPTION TWO                                                                                              | GRAB & GO                                                                                                                                                                     |
|-------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <div>BURGER BAR</div> <div>BUN-LESS BURGER BOX<br/>with Crispy Potatoes and Salad</div>                       | <div></div> <div>CHEESE AND BEAN TOASTIE<br/>with Baked Garlic and Herb Wedges and Vegetables </div>    | <div>HOT DISHES:</div> <div>Paninis<br/>Pasta and Sauces <br/>Freshly Baked Pizza<br/>Jacket Potato and Toppings   </div>                                                     |
| TUE   | <div>PAN-ASIAN</div> <div>SWEET THAI CHILLI CHICKEN NOODLES<br/>with Salad </div>                             | <div>PAN-ASIAN</div> <div>VEGETABLE NOODLE POT<br/>with Salad  </div>                                   | <div>SALADS:</div> <div>Tuna and Sweetcorn Pasta Salad <br/>Pesto Pasta Salad   <br/>Roasted Indian Chickpea Salad  </div>                                                    |
| WED   | <div>ITALIAN</div> <div>MAC CHEESE BOLOGNESE<br/>with Margherita Pizza Pinwheel and Salad </div>              | <div>ITALIAN</div> <div>MAC CHEESE VEGGIE BOLOGNESE<br/>with Margherita Pizza Pinwheel and Salad </div> | <div>SANDWICHES/BAGUETTES:</div> <div>Range of Classic Sandwiches <br/>Chicken Salad Sandwich  <br/>Cheese and Pickle Baguette <br/>Tuna Mayo Baguette<br/>BLT Baguette</div> |
| THURS | <div></div> <div>BEEF LASAGNE<br/>with Margherita Pizza Pinwheel and Salad </div>                             | <div></div> <div>VEGETARIAN LASAGNE<br/>with Margherita Pizza Pinwheel and Salad  </div>                | <div>WRAPS:</div> <div>BBQ Chicken Wrap <br/>Chicken Caesar Wrap <br/>Crunchy Pepper and Houmous Wrap  </div>                                                                 |
| FRI   | <div>FRIDAY FAVOURITES</div> <div>SOUTHERN FRIED CHICKEN GOUJONS<br/>with Chips and Baked Beans or Peas</div> | <div>FRIDAY FAVOURITES</div> <div>CHEESY BEAN BURGER<br/>with Chips and Baked Beans or Peas </div>      |                                                                                                                                                                               |

Vegetarian

Vegan

Oily Fish

Wholegrain

Nutritionist's Choice

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