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# COST OF LIVING CRISIS:

## HOW YOU CAN HELP

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Due to rising costs, many people are now finding it difficult to pay for rent, energy, and everyday items. The following list shows organisations who support those struggling with cost-of-living increases. You can help with donations, volunteering, and other types of support.

### DONATIONS

- South Yorkshire's Community Foundation has set up a **Sheffield Cost of Living fund** to provide grants for organisations, including food banks, that are supporting local people with the cost of living crisis. You can donate to the Cost-of-Living fund via their **JustGiving** page.
- You can donate to **Citizens Advice Sheffield** - which provide free, independent advice on benefits, debt, housing, and employment rights - by cheque or online.
- **National Energy Action** (NEA) is a fuel poverty and energy efficiency charity who provide-to-one advice, support, and grants to the most vulnerable and low-income households, including many in Sheffield. You can donate to the NEA via their website.
- You can donate to the **Sheffield Foodbank Network** by bank transfer, cheque or Paypal using the details provided on their website. Or you can donate food or goods to your local food bank.
- **The Sheffield 1000** charity is aiming to get 1000 people donating £1 a week. This is then distributed to local charities and good causes. You can sign up to donate and nominate a charity on their website.
- You can find information about Cost of Living community support on the Voluntary Action Sheffield **website** including a map of Welcoming Places, some of which may appreciate donations.
- Local winter appeals include **Sheffield Shoebox Appeal** and SCCCC's **Knit a winter blanket** campaign.

### VOLUNTEERING

- Those interested in volunteering should start by contacting **Sheffield Volunteer Centre** which provide face-to-face and online advice, as well as a database of local opportunities.
- Many foodbanks and community kitchens need more volunteers at the moment. You can search for local foodbanks on the **Sheffield Foodbank Website** or look at specific roles using the **Sheffield Volunteer Centre's search tool**.
- You can also look at the **Trussell Trust** website to find volunteering opportunities in your local area.
- **Citizens Advice** also rely on volunteers, and you can search for their opportunities on their website.

### MORE

- Opening an account with **Sheffield Credit Union** – including taking out loans and building savings – enables the Credit Union to provide more not-for-profit loans for those who need them and can act as a more affordable alternative to overdrafts and other short-term loans.
- For a list of the support organisations in Sheffield which may need donations, volunteers, or other forms of help, visit the council's **Money Support Website**.



If there is something you want to offer to Sheffield's cost of living response that is not covered above, please email [costofliving@sheffield.gov.uk](mailto:costofliving@sheffield.gov.uk)