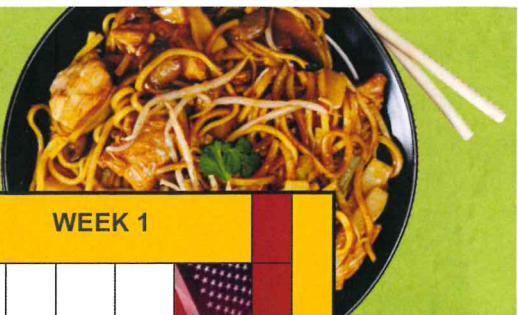


SPRING / SUMMER 2020 MENU



WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
U.S.A. Mac 'n' Cheese Loaded Veggie Hotdog with Potato Wedges VE BBQ Beans & Sweetcorn Big Apple Crumble and Custard	AFRICAN Moroccan Chicken Meatball Flatbread or Halal Moroccan Chicken Meatball Flatbread Jollof Rice Spiced African Tomato Rice VE Mixed Salad & Green Beans Banana Cake and Custard	BRITISH Roast Turkey or Halal Roast Turkey with Stuffing, Roast Potatoes and Gravy Cauliflower and Cheese Croquette with Roast Potatoes and Gravy Broccoli & Honey Roast Carrots Cinnamon Rice Pudding	CARIBBEAN Jerk Chicken or Halal Jerk Chicken with Rice and Peas Fruity Caribbean Quorn Curry with Rice and Peas Sweetcorn and Green Beans Pineapple Turnover with Natural Yoghurt	BRITISH Battered Fish Fillet with Chips Cheese and Tomato Quiche with Chips Baked Beans & Peas Fruity Flapjack

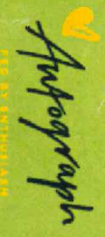
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Indicium Spinach and Potato Dhraseak with Rice and Naan Bread VE Roasted Vegetable and Chickpea Balli with Rice and Naan Bread VE Spiced Carrots and Cabbage Pineapple Upside Down Cake with Custard	Italian Beef Meatballs or Halal Beef Meatballs in Tomato Sauce with Pasta and Garlic Bread Veggie Lasagne with Garlic Bread Roasted Vegetable Salad & Green Beans Peach Crunch Crumble and Custard	BRITISH Roast Chicken or Halal Roast Chicken with Stuffing, Roast Potatoes and Gravy Butternut Bubble and Squeak with Gravy VE Carrots & Roasted Parsnips Frozen Yoghurt	spanish Beef Paella or Halal Beef Paella (Spanish Rice with Beef Mince) Cheese, Pepper and Potato Tortilla (Spanish Omelette) with Diced Potatoes Crunchy Coleslaw & Sweetcorn Spanish Orange Cake with Vanilla Sauce	BRITISH Battered Fish Fillet with Chips Cheese Pasty with Chips Baked Beans & Peas Chocolate Shortbread

WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEXICAN Vegetable Chili, Loaded Potato Skins with Tomato Salsa Bean & Cheese Quesadilla with Sour Cream, Tomato Salsa & Cajun Wedges Sweetcorn & Spicy Beans Chocolate Brownie with Chocolate Sauce	Portuguese Piri Piri Chicken or Halal Piri Piri Chicken Sub with Mint Yoghurt and Savoury Rice Chickpea Burger with Tomato Ketchup with Savoury Rice VE Peas & Roasted Vegetable Salad Custard Tart with Summer Fruit Compote	BRITISH Filled Yorkshire Pudding with Pork, Chicken Sausages or Halal Chicken Sausages, Mashed Potato and Gravy Filled Yorkshire Pudding with Veggie Sausages, Mashed Potato and Gravy Cabbage & Carrots Shortbread Finger with Peaches and Yoghurt	GREEK Greek Chicken Wrap or Halal Greek Chicken Wrap with Potato Salad Veggie Mince Pasticcio Green Beans & Mixed Salad Fruit Pie with Custard	Thai Thai Salmon Fiskcakes or Battered Fish Fillet with Chips Thai Butternut Squash Curry with Chips or Rice VE Crunchy Asian Slaw & Peas Ice Cream with Toffee Sauce

W/C MONTH 09/03/20, 13/04/20, 04/05/20, 01/06/20, 22/06/20, 13/07/20

We also offer a range of hot paninis, jacket potatoes, Pasta King

Sandwiches, fruit pots, yoghurt pots, selection of cold drinks are served daily



Our Menu Supports Meat Free Monday!
 A great way to support healthy eating and reduce climate change!

LOOK OUT FOR THE **VE** SYMBOL ON OUR MENU FOR SOME TASTY VEGAN OPTIONS.