

1. Identify the injury
2. Name an athlete who may be affected by this type of injury regularly.

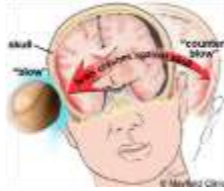
Identify which sporting injury is acute or chronic

Sports injury	Chronic	Acute
Tendonitis		
Broken bone		
Torn ligament		
Jumpers knee		
Shin Splints		
Stress fracture		
Dislocation		
Tennis elbow		
Golfers elbow		
contusions		
Strains		
Sprains		
Concussion		
Abrasions		
Cramp		

Define

Chronic:

Acute:



Identify the treatments for injuries:



## Learning Outcome 3

Identify the cause and treatments for these injuries. Pick 6:

1

2

3

4

5

6

Give an example of each of the following parts of an Emergency Action Plan.

Emergency personnel:

Emergency communication:

Emergency equipment:

S  
A  
L  
T  
A  
P  
S