

Common Medical Conditions





Type 2 _____



Type 1 _____



Symptoms

- **A**_____, i.e. c_____, wh_____, shortness of _____, tightness in the _____.
- **D**_____, i.e. i____d thirst, going to the _____ lots, extreme t_____, and _____ loss,
- **E**_____, i.e. s____s, t_____ confusion, a s_____ spell.

Uncontrollable j_____ movements of the arms and _____.

Loss of c_____ or awareness

Learning Outcome 4

Know how to respond to common medical conditions

Exam question

When would you refer a performer on to a medical professional?

How would you refer a performer on to a medical professional?

What should you be aware of prior to commencing physical activity?

Exam question

How would you treat the following medical conditions?

A_____

Type 1 D_____

Type 2 D_____

E_____

Complete the table.

	Type 1	Type 2
Who it mainly affects		
How it works	The pancreas stops making enough insulin.	The body no longer responds to its insulin.
How it is controlled		