



Message from Mrs Thompson

Hi my lovelies,
Firstly myself & Mrs Foster have tried to get in touch with as many of you as possible over the last few weeks to see how you are doing & have loved hearing of how fantastic you all are despite current circumstances! Many of your parents/carers have expressed how well you are doing & how proud they are of you! As are we! Obviously not everyone has found it so straight forward we are here for you too & want to help you as best we can so please drop us a tweet or email. In the next couple of weeks those of you who haven't had contact yet we will aim to say hi to along with form tutors where possible.
Some fun things the Thompsons have been upto this week: Baking yummy chocolate cake, splashing in a paddling pool & painting!

Stay safe, we miss you x



Keep On Learning:

Year 10 please make contact with your class teachers or myself or Mrs B Foster if things are difficult, we are here to help! Simply not completing any school work will not help in the long run – and avoiding

emails/work set will cause you to have more to do when you return. Come on guys get submitting work, communicate with staff and be honest we are here to help!




Year 10 Notices (SMSC)

This Week...

heppSY have kindly produced some great advice & resources to help plan your next steps & give you some experience now sadly work experience can no longer go a head. See the next page for your first installment.

Remember

Twitter is now up & running;
Eccoclassof2021
Please follow us and share with us your work, your hobbies and generally how you're doing! Share your heroes, thanks, fun things getting you through. Yo space.

Emotional well being:

Without this you will find most things difficult, remember to take some time for yourself, clear your mind then you can focus & be more productive

PROTECT THE NHS

save lives

Mental health support

kooth

Something not right at home need to talk? There are a range of websites/apps you can go on if you don't feel like you can tell anyone from school.

1 app that can help with yoga is:

'Yoga for Beginners- Down Dog'

This is a free app that provides you with video that introduces you to yoga techniques.

Careers and Higher Education resources for home learning

When you're studying at home, it can be difficult to find reliable, up to date and useful resources. We've created this list to help with your future planning, whether that's looking at how to get into the career you want to do in the future, get ideas for what careers might suit you, or think about Higher Education. Most of the resources and links below can be accessed on a computer, tablet or mobile.

Try the Buzz quiz

Takes around 5 minutes and suggests an animal based on your personality type. There are 16 different animals – which one are you? The [Buzz quiz](#) also suggests different areas of work people like you work in. It doesn't mean you can only work in these areas, but it's an indicator to show where others with the same personality type work, and could suit your personality type.



Use the resources on the HeppSY website

[HeppSY](#) have created various resources for students to use at home. They include presentations with audio for students to work through, [informational blog posts](#) and [slides to link subject learning to skills developed and related careers](#) students may wish to progress onto.

SECONDARY

Monday 11 - Friday 15 May

Monday

Maths



English



History



Tuesday

Biology



English



Geography



Wednesday

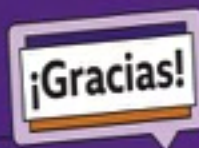
Chemistry



Maths



Spanish



Thursday

English



Maths



Design & Technology



Friday

English



Physics



Art & Design

