

Ecco Year 7 Student Weekly Bulletin: Week Beginning 15th June 2020:

Message from Mr Silcock: Good Morning Year 7. I want to start today's message by thanking all of you who have sent in letters offering advice and support to our new students who will be joining us in September. The deadline for letters is not until 3pm on 15th June. I would love for as many of you as possible to get involved.

I have been into school this week. It was lovely to see some of the other teachers and find out what they have been doing whilst at home.

However, our school is not the same without you guys there. Mr Walkden and the senior leadership team have been working incredibly hard to make the changes to our school needed before we welcome our Year 10 students back from this week. It is important that you understand that when you do come back into school, lots of things are going to be different. As soon as we have news on this, I will share the details with you.

I have spoken with quite a few of you this week on the phone. If you would like to speak with me or any of your teachers, please just let us know via email and I will get in contact. We as your teachers are here for you.

Have a great week.

Stay in touch:

Mr Silcock –

msilcock@eccoschool.com

Miss Noone

tnoone@eccoschool.com

We love hearing from you!



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Looking after your mental health:

These past few months have been hard for us all. It's ok to feel not ok. Remember, talking about how we are feeling and the reasons why we are feeling the way we are is important.

School have put lots of links to support on our school website. You can find the details here:

<https://ecclesfield-school.com/students/supporting-your-wellbeing>

Work Hard

We recognise that good work comes from hard work and that hard work pays off.

Be Kind

We are polite and considerate. We celebrate our differences and help those in need.

Aim High

We are ambitious and determined and make the most of every opportunity.

Show GRIT

We overcome challenges that stand in the way of achieving our goals. We stay positive and never give up.

Loneliness Awareness Week 15-19th June 2020

This week is Loneliness Awareness Week, a week long campaign organised by a charity called Marmalade Trust. Marmalade Trust is a charity that raises awareness of loneliness and helps people to make new connections. Their vision is to create a society where anyone can talk freely and openly about loneliness – after all, it’s a normal human emotion.

Loneliness is an emotion that we will all feel at some point in our lives and it can be incredibly sad when we do experience this emotion.

In these uncertain times, it is important that we stay alert to people who may be feeling isolated and lonely as well as knowing what to do to help friends or family who may be experiencing loneliness.

If you are feeling lonely.....

- Talk to your parents or carers.
- Contact a member of staff at school.
- Reach out to a counselling service such as www.kooth.com
- Do not feel you have no one. There is always someone who is happy to listen.

If you think someone you know is lonely....

- Reach out. It might be a message, a phone or video call.
- Open up and make everyone feel welcome in your friendship group.
- Look out for clubs or activities you might be interested in and invite. Be inclusive.



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