

Ecco Year 11 Student Weekly Bulletin – W/B:27th April 2020

Message from your Progress Leader, Mrs Dean

Hi Y11! Here's the second edition of your new weekly bulletin. I hope you enjoyed some of the activities that I sent out last week, particularly getting out in the sunshine if you could!

Week 5 of lockdown and we've been blessed with great weather! I've made the most of it with my family, having picnics in the garden, walking and getting out with my son on our bikes. I can't believe how many miles we've now travelled in such a small amount of time!

Last week, I was so pleased to hear from some of you. I know that some Y11s have been sending their own 'keeping in touch' emails to their teachers and it's great to hear you've been so productive with your time

I know that many of you have been asking about the prom and when it will be. At the moment, we don't have a specific date, however it will be the first thing on the agenda to discuss and plan when I and the rest of the pastoral team are back in school. Don't worry! It will happen!

As usual, I look forward to hearing from you all. Keep happy, healthy and stay at home – Until next week ☺



Ecclesfield
SCHOOL



Read:

101 Things to Do Instead of Playing on Your Phone
By Ilka Heinemann - Amazon

Our phones have become a constant distraction; it's time we put them down and rediscovered the simple art of taking a few minutes out.

Word of the Week

Privilege - a special right, advantage, or immunity granted or available only to a particular person or group.

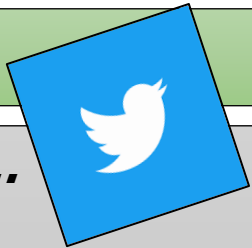
Mrs Dean's Top Tip

Try out some new recipes this week in the kitchen.

Use the Eatwell guide to plan meals that give you the essential nutrients for a healthy body and mind.



Year 11 Tasks



This week...

TWEET

Take some photos of flowers/blossom on your daily exercise and submit to @eccophoto with #Eccoflowerphoto. Miss Lindley is waiting!

VISIT - <https://learn.springpod.co.uk>

Springpod has launched Learn Lounge: free talks and lessons from inspirational speakers who are experts in their fields. They'll be covering a whole range of topics – from career stories to advice on employability skills ready for your Post-16 learning.

Mindfulness – Visit Kooth.com

Being in lockdown and out of your normal routine can really have an impact on your mental health. It is important to talk to someone if you need to or if you need some advice for a friend in need.

Kooth is a provider of free, safe and online mental health services for children, young people and adults. It provides an online counselling and emotional well-being platform, accessible through mobile, tablet and desktop and free at the point of use.

Visit the website to watch the video and find out more!