

Message from Mr Silcock

Hi Year 7. I hope you and your families are all well and keeping busy. You may have seen from last weeks check in video with Mr Walkden, that we welcomed Year 10 back into school. It was wonderful to see them and for the first time in a long time, school started to feel like we are getting back to normal. I hope that this will give you some hope that we are coming through this difficult time and things are getting better. I really miss you all. Please stay in contact and if you need your teachers for anything, we are only an email away. Take care.

Staying motivated.....

“Motivation” is what drives us to ‘do stuff’. Without any motivation, we would simply get up, do nothing and go to bed again. This video explains the differences in what motivates us. Take a look and see what drives you and see you if can understand the differences between ‘intrinsic’ and ‘extrinsic’ motivators.

<https://www.bbc.co.uk/bitesize/articles/zdc3trd>

Stay in touch:

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We love hearing from you!

PRIDE

This month is Pride month. This a dedicated month where we celebrate our amazing LGBTQ+ community.



Ecclesfield
SCHOOL

Mr Walkdens’s Check In.

If you haven’t done already, be sure to see what Mr Walkden is up to here:

<https://www.youtube.com/watch?v=CSHyxxCRkyA&list=PLQPXfryrAEelrMPkKqhGqaXH8JXJCbW4&index=2&t>

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Year 6 Letters:

A huge thank you to all of you who have written to our Year 6 pupils offering advice and reassurance. The form who submitted the most letters was **7CC**. Well done and a form group treat awaits when we return to school.

Year 7 Shout Out.

A huge thank you and well done to Evie T who handed in a thoughtful, passionate and well thought piece of SMSC work based on Black Lives Matter. Well done Evie.

Work Hard

We recognise that good work comes from hard work and that hard work pays off.

Be Kind

We are polite and considerate. We celebrate our differences and help those in need.

Aim High

We are ambitious and determined and make the most of every opportunity.

Show GRIT

We overcome challenges that stand in the way of achieving our goals. We stay positive and never give up.

ALL ABOUT PRIDE MONTH

a teeny tiny bit of
history all about
pride month

What is it

June is Pride Month, organised to remember the Stonewall riots which took place at the end of June 1969. Since then, Pride events have since taken place in this month to recognise the contribution of activists and to celebrate the wonderfully diverse LGBTQ+ community. It will look very different during a pandemic, but that doesn't mean you cannot celebrate it!

Pride parades and protest

As well as being a celebration, Pride is a time of peaceful protest. Lots of towns and cities will have pride parades, parties, community events, etc. These are often televised or feature in the media. This is a good opportunity to raise awareness of current issues facing the LGBTQ+ community to promote positive change for the future.

Accessing groups

There are lots of opportunities to celebrate your pride this month. Follow the links on this page and read what other organisations have planned. There is so much, from meditation classes to virtual Prides. If your identity is not being accepted in your home, these organisations are there for you. We see you - we are here for each and every one of you.

LGBTQ+ terms

The list of LGBTQ+ terminology is ever expanding. It is important to know the terms used so you have a greater understanding of the diversity that exists within society. Check out this glossary to read more:
<https://www.theproudtrust.org/resources/resource-downloads/glossary/>

Useful websites

To get you started, all sites have a list of additional recommended sites you can explore:

- theproudtrust.org
- mermaids.org.uk
- lgbt.foundation
- stonewall.org.uk
- lgbtyouth.org.uk
- mosaic-youth.org.uk
- genderedintelligence.co.uk

Be bold, be you

It is times like these that communities need to pull together more than ever.

We want you to know that if you identify as LGBTQ+ you are not alone.

If you don't - then keep reading, learn how to be an ally to your LGBTQ+ friends and family. Together we can create a more equal world.

How to be an ally

SOME TOP TIPS TO BEING AN LGBTQ+ ALLY

1. Do your research, do not rely on your LGBTQ+ friends and family to teach you.
2. Be willing to learn a new language, there are lots of terms within the LGBTQ+ umbrella. It is important to know them.
3. Don't assume that everybody you meet is straight and/ or cisgender.
4. Challenge homophobic, biphobic, transphobic language if you hear it.
5. Believe that people should be treated with dignity and respect - these are the fundamentals of human rights.
6. Challenge your own beliefs if you have prejudices and bias.
7. Celebrate LGBTQ+ people.
8. Don't make harmful LGBTQ+ jokes, and if you hear them - don't stay silent - let people know why they are offensive.
9. Be open minded and willing to talk.
10. Remember that LGBTQ+ families exist and this is something to be celebrated.

These “How to be an ally” Top Tips are all things that **YOU** can do when we are back in school, as well as when you are out and about. Having an open mind and an open heart can make all the difference in creating a caring and inclusive community where everyone is welcomed.