

Message from Mrs McNulty:

Hello again Year 8!

I hope that you have had a good week and are all staying home and staying safe. I know there have been some slight changes to the lockdown, but on the whole things are as they were. Please don't arrange to meet up with friends as you did pre-lockdown. It is nice to be able to spend more time exercising outdoors but remember the importance of social distancing. Everyone is making a contribution to reducing the power of this virus.

I have done a bit of baking this week as we finally managed to get some flour at the supermarket. I am not good at baking because I am always disappointed that my cakes and buns don't look as good as those on Bake Off, but Ingrid loves baking so I am showing willing. The chocolate cake in the photo looks rather messy, but I can assure you it tasted good and disappeared in no time!

Thankfully the weather has been pleasant during the last week. We have enjoyed a couple of barbecues and as you can see from Agatha's face she loved it! We are definitely appreciating the small things more these days.

I hope you are all experiencing moments of happiness despite the difficulties we all face.



**Suggestions
for what to
do this
week:**

Monday 18th May

Do a bit of a declutter. It might only be a drawer or a shelf, but could you get rid of some old stuff?

Tuesday 12th May

Make someone in your household an unexpected cup of tea – they will be thrilled by your thoughtfulness!

Wednesday 13th May

Have a chat with someone in your household and find out something new about them.

Thursday 14th May

Don't forget to Clap for Carers!

Friday 15th May

Try to use the Word of the Week three times during the day.

Word of the Week – Capacity

- 1: The ability to contain, absorb or hold.
- 2: The maximum amount that something can hold or produce.

Mrs McNulty's Tip of the Week

Keep in a good routine with meals and sleep because disruption to these things can contribute to stress and the body can become less able to fight illness.

Work Hard

Be Kind

Aim High

Show GRIT

Remember to use BBC Bitesize to help you continue with your learning.

Year 8/ S2 online lessons

Monday 18 May - Friday 22 May



BBC

Bitesize
Daily lessons

Monday	Tuesday	Wednesday	Thursday	Friday
English Understand how to create a convincing argument	English Investigate the use of Performance Poetry	English Investigate the art of voiceover writing	English Understand the use of speech within fiction	English Reading lesson: A Wrinkle in Time by Madeleine L'Engle
Maths Multiply any fraction by a whole number	Maths Multiply any two fractions	Maths Divide any fraction by a unit fraction	Maths Divide any fraction by any fraction	Maths Challenge of the week
History Women's suffrage	Geography Tropical rainforest biomes	Chemistry Diffusion	Computing Hardware and software	Music Found sounds composition
	Biology Menstrual cycle			Physics Magnetic fields and compasses

Find all this content and more at: bbc.co.uk/bitesize/dailylessons

In case you need some new things to do during lockdown, here are three suggestions:

As an MFL teacher it won't surprise you that I am encouraging you to work at your language learning. Download the Duolingo app which is a great way of doing 10 minutes of language learning a day. I'm one of the almost 6 million people learning Italian.



Ever wanted to visit Central Park in New York City? There is a virtual tour online at:

<https://www.youvisit.com/tour/centralpark>

You will notice that the tour was created before social distancing and mask-wearing so it is how the park looked before the pandemic struck.



We are living through a momentous time and lots of people are keeping a diary of their Lockdown Life –could you write about what you are experiencing? Diaries of others living in isolation or hiding have helped historians know and understand other significant times – Samuel Pepys during the final outbreak of Bubonic Plague seventeenth-century London and Anne Frank living in hiding under Nazi-occupied Amsterdam.

Celebrating Success!

Thank you to those who have sent an email entry to last week's quiz. I will be posting a small prize to the first five winners. Especially well done to JG who was the first to enter and win.

Congratulations to RL who won an English competition across all of Key Stage 3! We are really proud of his effort and work!

Also well done to JW who is getting to grips with working via technology and who is producing some lovely work for her teachers!



Get in touch!

If you have done something impressive or know someone in Year 8 who has, please get in touch so we can give them some praise and recognition.

My email address is: emcnulty@eccoschool.com

I love to hear what you are getting up to and how you are showing resilience and dedication at this time.

Similarly if you have a good suggestion for others to do during lockdown, let me know and it can be included in a future bulletin.

And, of course, if you are having any difficulties which we can help you with, don't be a stranger!

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