

Talking Teaching and Learning

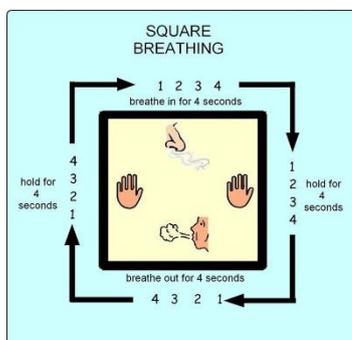
Welcome to our first edition of the online T&L bulletin, which will be available fortnightly on a Tuesday. Here you will find a wide range of CPD available such as books, podcasts, online courses, videos to watch and much more!



Photo source: @HerIncredibleMindset

Well-being ideas to try

Square breathing can shift your energy, connect you more deeply with your body, calm your nervous system, and decrease stress in your body.



Instagram @actionforhappiness
Facebook - Action for Happiness
Website - www.actionforhappiness.org

Who to follow?



@teacherhead – Tom Sherrington, author and former Head teacher
@HuntingEnglish – Alex Quigley, author and content manager at EEF
@positivteacha – Matt Pinkett, English Teacher and author of Boys don't Try

Recommended Podcasts



Naylor's Natter

Check out 'Naylor's Natter' brilliant Podcasts. Listen to Tom Sherrington (@teacherhead) talk through his new book with Oliver Caviglioni (@olicav) entitled 'Teaching Walkthrus'.

Season 2- Episode 5 with Tom Sherrington @teacherhead on Rosenshine's Principles in action.

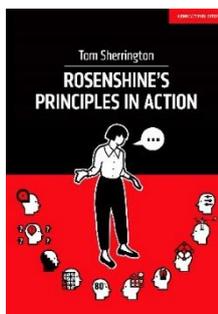
By Tom Sherrington & Oliver Caviglioni

Recommended Reading

By Tom Sherrington



The full book is available on Kindle Unlimited free for 2 months.



Exploring Rosenshine's Principles of Instruction

<https://teacherhead.com/2018/06/10/exploring-barak-rosenshines-seminal-principles-of-instruction-whv-it-is-the-must-read-for-all-teachers/>



Rosenhine's Principles of Instruction

Session 1: Research and Introduction

Activity 1: Watch the short video clip (Introduction to Rosenshine Masterclass) <https://www.youtube.com/watch?v=qdTIXWYMIiw>

Activity 2: Watch the video clip below and pause at 4.55. Tom explores the idea of teachers being self-aware and looks at the difference between teachers who know their strengths and weaknesses and those that do not. How self-aware do you think you are? Are you aware of your strengths and areas of improvement? What are they?

<https://www.youtube.com/watch?v=uPHDJ117sH4>

Activity 3: Continue to watch the video until 8.12. What are your key points of learning from this? **Consider the following questions** - How do we know the things we are doing in lessons lead to learning? To what extent do your lessons allow for cognitive processing? What tasks do you use that require low amounts of cognitive processing? How could you adapt these? Pause the video here, more to follow in the next bulletin 😊

We want to hear from you!

Email us – omonaghan@eccoschool.com or cfancett@eccoschool.com

- ✓ Have you seen an idea to promote staff well-being – Send us a copy.
- ✓ Is there a Twitter colleague that you recommend following? Let us know!
- ✓ Have you read a great T + L book? Write a review & share with us 😊



Optional Free CPD

Check out the wide range of free courses available on The Open University website. <https://www.open.edu/openlearn/free-courses/full-catalogue>



Check out the seven free CPD courses available for teachers e.g. Dual Coding and Metacognition.

<https://www.senecalearning.com/blog/free-cpd-courses-for-teachers/>

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