

Subject: PSHCE (Personal, Social, Health, Careers and Economic Education).

- **PSHCE is a new subject being taught from September 2023 and replaces previous SMSC lessons.**
- **In years 7, 8, 9 and 10, students will follow the curriculum outlined below, and they will receive one lesson a week.**
- **In year 11, students will receive one lesson a fortnight, and they will be taught lessons that address gaps in their knowledge due to them not having benefitted from the full curriculum because PSHCE was introduced as a new subject in Year 10.**
- **In 2025-26, Year 11 students will receive a lesson a week in line with the rest of the school.**

Year 7: Year Overview 2023-24

Unit of Learning	1	2	3	4	5	6
Topic	<u>Transition and Safety</u>	<u>Health and puberty</u>	<u>Brain function</u>	<u>Relationships</u>	<u>Societal relationships</u>	<u>Broadening horizons</u>
Skills	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge.	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge
Knowledge (Lessons)	<ol style="list-style-type: none"> 1. What is PSICHE? 2. Starting at Ecclesfield 3. Making friends 4. Managing emotions 5. Goal-setting 6. Emergency situations 7. CPR 8. Basic First Aid 	<ol style="list-style-type: none"> 1. Caffeine and alcohol 2. Smoking and e-cigarettes 3. Healthy Lifestyle 4. Busy Bodies 5. Keywords and diagrams 6. Periods 7. Saying no 	<ol style="list-style-type: none"> 1. Brain function and puberty 2. The amygdala and pre-frontal cortex 3. Calming the amygdala 4. Breathing and the amygdala 5. Making decisions 6. Dreaming dreams 	<ol style="list-style-type: none"> 1. Self-worth 2. Healthy relationships 3. Unhealthy relationships 4. Challenging media stereotypes 5. Fancying someone 6. How to seek permission 	<ol style="list-style-type: none"> 1. Who commits crime and why? 2. Police and the courts 3. Being a good citizen 4. Peer pressure and rail safety 5. Diversity – racism 6. E-safety and bullying 	<ol style="list-style-type: none"> 1. When I grow up, I want to be.... 2. Wildlife conservation 3. Fact-checker 4. Politician 5. Food production 6. Equality of opportunity 7. Freedoms enjoyed by UK citizens
Assessment	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer Assessment Low-stakes quizzes Focus group assessments	In class questioning Self and Peer Assessment Low-stakes quizzes Focus group assessments	In class questioning Self and Peer Assessment Low-stakes quizzes Focus group assessments	In class questioning Self and Peer Assessment Low-stakes quizzes Focus group assessments	In class questioning Self and Peer Assessment Low-stakes quizzes Focus group assessments
Statutory requirements	B4, B1, B2, F1, F2, M2, M1,	K1, K3, K4, K6, H1, H2, N1, B1, B2, B4, D2	N1, B1, Gatsby benchmarks 1 and 2	F2, F5, G1, A1, A7, D2, B3, G1, B1, B2, B4	B3, P4, P12, R2, P1, P5, R3, P10, P12, B8, C1, G2	Gatsby benchmarks 1 and 2 B8, P1, P3, P10, R3, R4

Year 8: Year overview 2023-24

Unit of Learning	1	2	3	4	5	6
Topic	<u>Drugs and Alcohol</u>	<u>Identity and relationships</u>	<u>Digital literacy</u>	<u>Emotional wellbeing</u>	<u>Discrimination</u>	<u>Citizenship</u>
Skills	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge
Knowledge (Lessons)	<ol style="list-style-type: none"> 1. Medicinal and recreational drugs 2. Energy drinks (overconsumption of) 3. Habit and dependence 4. How to assess the risks of tobacco 5. How to assess the risks of vapes 6. How to assess the risks of alcohol 7. Alcohol consumption and cannabis 8. Substance use (managing influences) 	<ol style="list-style-type: none"> 1. Healthy relationships 2. Unhealthy relationships 3. Forming new relationships 4. Grooming 5. Consent 6. E-safety and sexting 	<ol style="list-style-type: none"> 1. Using social media as safely as possible 1 2. Using social media as safely as possible 2 3. Online grooming 4. Online extremism 5. Biased and misleading information 6. Gambling 	<ol style="list-style-type: none"> 1. Attitudes towards mental health 2. Daily wellbeing 3. Digital resilience 4. Unhealthy and healthy coping strategies 5. Change 6. Grief and loss 	<ol style="list-style-type: none"> 1. Influences, pressure and prejudice 2. Disability 3. Racism 4. Religion 5. Homophobia/biphobia 6. Sex 7. Transphobia 	<ol style="list-style-type: none"> 1. Democracy in the UK 2. Alternatives to democracy 3. How does voting work? 4. How does politics affect me? 5. Local services 6. British values
Assessment	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes
Statutory requirement links	J1, J2, J5, J4, F1, J3, J6	Az, B1, B2, E1, D1, E4, A7, E1, G2	B1, B6, C1, C3, C4, C5, C8, D1, E1, G1, G2,	F1, F2, F3, F5, F6, H1	B3, B8, P12, Q1, R1, R3	P1, P7, P2, P1, P11, P5, P4

Year 9: Year overview 2023-24

Unit of Learning	1	2	3	4	5	6
Topic	<u>Peer influence, substance use and gangs</u>	<u>Intimate relationships</u>	<u>Respectful relationships</u>	<u>Healthy Lifestyle</u>	<u>Setting goals</u>	<u>Employability skills</u>
Skills	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge
Knowledge (Lessons)	<ol style="list-style-type: none"> Smoking and e-cigarettes Introduction to drugs Illegal drugs NPS Risks in relation to drug use County Lines Gangs Carrying knives 	<ol style="list-style-type: none"> Delaying sexual activity Why have sex? Consent Expectations – the influence of pornography More realistic expectations Conception and contraception Barrier contraception STIs 	<ol style="list-style-type: none"> Long term commitments Legal status of marriage Parenting Families Causes of conflict in the home Homelessness 	<ol style="list-style-type: none"> The 5 ways to wellbeing Self-esteem Body image Food and mood Self-care Breast and testicular examination 	<ol style="list-style-type: none"> Identifying values Making a difference Strengths, skills and attributes Volunteering Workplace skills Setting goals at work Study skills for GCSE and beyond 	<ol style="list-style-type: none"> The job market Professionalism Your online persona Interview practice
Assessment	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments
Statutory requirement links	K1, K6, K4, K2, A7, B6	B7, C2, D1, E1, E2, E5, E12, A7, B6, B7, C5, B2, B4, B5, B6, B7, D2, E11, E12, F1, F5	A1, A2, A3, A4, F2, B2, N1, N2	F1, F2, F6, H1, H2, G1, F5	Gatsby Benchmarks 1 and 3, P13	Gatsby benchmarks 1 and 3, C3, C4, C8, F6, G1

Year 10: Year Overview 2023-24

Unit of Learning	1	2	3	4	5	6
Topic	<u>Drugs</u>	<u>Citizenship</u>	<u>Mental Health</u>	<u>Sanctity of Life 1</u>	<u>Long-term intimate relationships</u>	<u>Sanctity of Life 2</u>
Skills	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge
Knowledge (Lessons)	<ol style="list-style-type: none"> 1. Smoking and e-cigarettes 2. Introduction to drugs 3. Illegal drugs 4. NPS 5. Risks in relation to drug use 6. County Lines 	<ol style="list-style-type: none"> 1. History of democracy in the UK 2. Voting systems 3. Human rights and international law 4. Global organisations 5. Do we know too much? 6. Positive politics. 	<ol style="list-style-type: none"> 1. Attitudes to mental health 2. Attitudes to male mental health 3. Common mental health conditions 4. Overthinking 	<ol style="list-style-type: none"> 1. Value of life 2. Sanctity of Life and Quality of Life 3. When does human life begin? 4. Abortion and the law 5. The abortion debate 6. Abortion in America 7. What is euthanasia? 8. Should euthanasia be allowed? 	<ol style="list-style-type: none"> 1. Roles and communication 2. Work pressures and money difficulties 3. Childbirth 4. Childcare 5. Impotency 6. Menopause 7. Difficult times (bereavement, illness and disability). 	<ol style="list-style-type: none"> 1. What is the death penalty? 2. The death penalty debate 3. America and the death penalty 4. What about war and the sanctity of life? 5. Is some human life more valuable than others? 6. Why do people commit crime? 7. How should criminals be treated? 8. The Sanctity of Life as an ethical framework
Assessment	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes	In class questioning Self and Peer assessment Low stakes quizzes
Statutory requirement links	K1, K6, P2, R4, P15	B4, B8	F1, F3, F4		A1, A6, B1, B2, B3, C5, C6, D2, E1, E5, F2	

Work Hard | Be Kind | Aim High | Show GRIT

Year 11: Year Overview 2023-24

Unit of Learning	1	2	3
Topic	<u>Drugs</u>	<u>Health and wellbeing</u>	<u>Sanctity of Life</u>
Skills	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge	Critical thinking Evaluating Explaining Questioning Reflecting Adjusting of worldview to make room for new knowledge
Knowledge (Lessons)	<ol style="list-style-type: none"> 1. Introduction to drugs 2. Illegal drugs 3. NPS 	<ol style="list-style-type: none"> 1. Breast and testicular cancer 2. Cervical and prostate cancer 3. Fertility and pregnancy 4. Birth and miscarriage 5. Unplanned pregnancy options 6. Blood, organ and stem cell donation 	<ol style="list-style-type: none"> 1. Value of Life 2. Sanctity of Life and Quality of Life 3. What is euthanasia? 4. Should euthanasia be allowed?
Assessment	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments	In class questioning Self and Peer assessment Low stakes quizzes Focus group assessments
Statutory requirement links	K1, K2, K4	E3, E7, E12, E8	

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