

The PSHCE curriculum is designed to equip students with the knowledge, skills and understanding needed to lead safe, healthy, successful and fulfilling lives. Fully mapped against statutory Relationships, Sex and Health Education requirements, the curriculum supports students to make informed decisions, develop healthy relationships and participate positively in society.

The curriculum follows a carefully sequenced spiral model in which key themes such as relationships, consent, wellbeing, discrimination, citizenship and personal safety are revisited throughout Key Stages 3 and 4 at increasingly age-appropriate levels. This ensures that students build on prior learning and deepen their understanding over time.

A distinctive feature of the curriculum is its strong digital spine. Recognising that many of the opportunities and risks young people encounter now exist online, themes such as social media, algorithms, online relationships, artificial intelligence, exploitation and digital safety are woven throughout all five years of study.

Assessment is rooted in the application of knowledge to realistic scenarios. Students are taught to identify risk, danger, unfairness or harm, explain the potential consequences, and provide appropriate advice, including where support can be accessed. This reflects the curriculum's central aim: to ensure that students can recognise risk, think critically and respond effectively to the challenges they may encounter in modern life.

Ultimately, the curriculum aims to develop informed, resilient and responsible young adults who can make positive life choices, build healthy relationships and navigate an increasingly complex world with confidence

Year 7: Year Overview

Unit of Learning	1	2		3	4
Topic	<u>Transition and Safety</u>	<u>Health and puberty</u>	<u>Digital Literacy</u>	<u>Relationships - Citizenship</u>	<u>Employability Skills</u>
Skills	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen
Knowledge	1. What is PSCHE? 2. Starting at Ecclesfield and making friends 3. British Values 4. Equality Act 5. Assessment lesson - protected characteristics 6. Emergency situations 7. Basic First Aid 8. Water safety (CPR taught in Restart Heart sessions)	1. Understanding drugs 2. Tobacco and vaping 3. Alcohol and risk 4. Healthy Lifestyle 5. Puberty 6. Keywords and diagrams 7. Periods 8. Saying no – safe relationships 9. Assessment lesson - puberty and vaping 10. Brain function in puberty 11. Brain Development	1. How apps are designed to capture attention 2. Algorithms – why you see what you see 3. Real vs edited 4. Strangers online 5. Spotting what's real and what's not 6. Who are you really talking to?	1. Fancying someone 2. How to seek permission 3. Healthy relationship 4. Unhealthy relationships 5. Assessment lesson – unhealthy relationships 6. Self Esteem 7. E-Safety and Bullying 8. Peer Pressure (rail safety) 9. Police and the Courts 10. Being a good citizen	1. Who am I becoming? 2. What do I like? 3. What am I good at? 4. Building my story

Year 8: Year overview

Unit of Learning	2	3	4	5	6	7
Topic	<u>Identity and relationships</u>	<u>Emotional Wellbeing</u>	<u>Empowered Users</u>	<u>Respectful Relationships</u>	<u>Discrimination</u>	<u>Citizenship</u>
Skills	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen
Knowledge	1. Healthy relationships 2. Unhealthy relationships 3. Forming new relationships 4. Grooming 5. Consent 6. E-safety and sexting 7. Assessment lesson – unhealthy romantic relationships	1. Attitudes towards mental health 2. Unhealthy and healthy coping strategies 3. Change 4. Grief and loss	1. How platforms persuade 2. Influencer culture – hidden advertising 3. How stereotypes influence and why they matter 4. AI chatbots and fake intimacy 5. What's real anymore? Motivations and consequences (Deepfakes) 6. Tackling deepfakes 7. Assessment – AI chatbots	1. Long term commitments 2. Legal status of marriage 3. Conception 4. Parenting 5. Families 6. Causes of conflict in the home 7. Homelessness	1. Diversity in the UK 2. Prejudice, discrimination and stereotypes 3. Sex, gender reassignment and sexual orientation 4. Marriage, civil partnership, pregnancy and maternity 5. Race and religion/belief 6. Age and disability 7. Assessment - discrimination	1. Human Rights 2. Democracy in the UK 3. Alternatives to democracy 4. How does voting work? 5. How does politics affect me? 6. Local services

Year 9: Year overview

Unit of Learning	1	2	3	4	5
Topic	<u>Thinking about the future</u>	<u>Intimate relationships</u>	<u>Digital risk</u>	<u>Peer influence, substance use and gangs</u>	<u>Healthy Lifestyle</u>
Skills	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen
Knowledge	1. The importance of knowing yourself 2. Strengths, skills, and options 3. How do I make good decisions? 4. What have I done so far? 5. My next steps	1. Delaying sexual activity 2. Keywords and diagrams 3. Why have sex? 4. Consent 5. Assessment lesson - consent 6. Expectations – the influence of pornography 7. More realistic expectations 8. Contraception 9. Barrier contraception 10. STIs	1. Gaming, social media and algorithms 2. Organised crime and financial exploitation (sextortion in here) 3. Deepfake pornography and image-based abuse 4. Coercive control and digital pressure in relationships 5. Algorithmic rabbit holes 6. Assessment lesson – financial harms linking to image-based abuse and pornography	1. Vaping 2. Exploring attitudes 3. The law and managing risk 4. Alcohol and cannabis 5. Managing influences 6. County Lines 7. Gangs 8. Carrying Knives 9. Assessment lesson - drugs	1. The 5 ways to wellbeing 2. Self-esteem 3. Body image 4. Making healthier choices (food) 5. Making informed choices (food) 6. Maintaining physical health 7. Lifestyles and wellbeing 8. Managing influences on lifestyle decisions 9. Scenario lesson assessment style

Year 10: Year Overview

Unit of Learning	1	2	3	4	5	6
Topic	<u>Finances</u>	<u>Ethics</u>	<u>Long term relationships and Digital Ethics</u>	<u>Citizenship</u>	<u>Mental Health</u>	<u>The Holy Land</u>
Skills	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen
Knowledge	1. Pay and taxes 2. Budgeting 3. Online financial risks 4. Debt 5. Loans 6. Pensions	1. Value of Life 2. Sanctity of Life and Quality of Life 3. When does human life begin? (CP) 4. Abortion and the law 5. The abortion debate 6. Abortion in America 7. Assessment lesson – abortion as ethical dilemma 8. What is euthanasia? 9. Should euthanasia be allowed?	1. Coercive control: Digital and offline manipulation 2. Pornography, expectations and sexual scripts 3. Beyond consent – ethics, safety and the law 4. Beyond consent – challenging harmful expectations 5. Virginity myths, hymenoplasty and sexual autonomy. 6. STI party 7. Assessment lesson – beyond consent	1. History of democracy in the UK 2. Voting systems 3. Human rights and international law 4. Global organisations 5. Do we know too much? 6. Positive politics	1. Attitudes to mental health 2. Attitudes to male mental health 3. Common mental health conditions 4. Overthinking 5. Assessment lesson – mental health	1. Where is the Middle East and why does it matter? 2. What about Palestine and the Palestinians? 3. Whose land is it? 4. What caused the creation of Israel? 5. The Nakba and other consequences 6. To what extent has religion caused the conflict in the Holy Land?

Year 11: Year Overview

Unit of Learning	1	2	3	4.	5.
Topic	<u>Critical Thinking, Extremism and AI</u>	<u>Real world safeguarding: Digital and offline risk</u>	<u>Ethics 2</u>	<u>Health and wellbeing</u>	<u>Eschatology</u>
Skills	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen	• Problem solving • Communication and key terms • Making positive life choices • Critical thinking • Being a good citizen
Knowledge	1. How algorithms spread extremism 2. How algorithms shape ideas about gender 3. Conspiracy theories 4. AI manipulation and the future of truth 5. Harmful online communities: Incels, Tradwives, and Digital Echo chambers 6. Digital footprints, reputation and adult life 7. Assessment lesson – extreme content	1. House parties 2. Clubbing and pubbing 3. Recognising sexual harassment 4. Digital red flags: Stalking, obsessive behaviour, and online fixation 5. Sexual violence, the law, and how to get support 6. Assessment lesson - stalking	1. What is the death penalty? 2. The death penalty debate 3. America and the death penalty 4. Is some human life more valuable? 5. Why do people commit crime? 6. Aims of punishment	1. Accessing healthcare, vaccinations 2. Blood, organ and stem cell donation 3. Self-examination and screening 4. Gynaecological health and the menopause 5. Fertility and pregnancy 6. Birth and miscarriage 7. Unplanned pregnancy options 8. Assessment lesson – Unplanned pregnancy and accessing healthcare	1. Introduction to eschatology 2. Why Abrahamic eschatology? 3. Jewish eschatology 4. Christian eschatology