

## Year 7

Topic	<u>Transition and Safety</u>	<u>Health and puberty</u>	<u>Relationships - Citizenship</u>	<u>Employability Skills</u>	<u>Discrimination</u>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>
<b>Knowledge</b>	<ol style="list-style-type: none"> <li>1. What is PSCH?</li> <li>2. Starting at Ecclesfield and making friends</li> <li>3. British Values</li> <li>4. Emergency situations</li> <li>5. CPR</li> <li>6. Basic First Aid</li> </ol>	<ol style="list-style-type: none"> <li>1. Caffeine and alcohol</li> <li>2. Smoking and vaping</li> <li>3. Healthy Lifestyle</li> <li>4. Puberty</li> <li>5. Keywords and diagrams</li> <li>6. Periods</li> <li>7. Saying no – safe relationships</li> <li>8. Brain function in puberty</li> <li>9. Brain Development</li> </ol>	<ol style="list-style-type: none"> <li>1. Self-Esteem</li> <li>2. Fancying someone</li> <li>3. How to seek permission</li> <li>4. Healthy relationships</li> <li>5. Unhealthy relationships</li> <li>6. E-Safety and Bullying</li> <li>7. Peer Pressure</li> <li>8. Police and the Courts</li> <li>9. Being a good citizen</li> </ol>	<ol style="list-style-type: none"> <li>1. Skills for the Future</li> <li>2. Careers Routes</li> <li>3. Career Types</li> <li>4. People from Different Careers</li> <li>5. Research for the future</li> <li>6. Making informed decisions</li> <li>7. Contemplating my future</li> </ol>	<ol style="list-style-type: none"> <li>1. Equality Act 2010</li> <li>2. Diversity – Racism</li> <li>3. Physical disability</li> <li>4. Hearing and visual impairments</li> <li>5. Projects</li> <li>6. Presentations</li> </ol>

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## Year 8

Topic	<u>Drugs and Alcohol</u>	<u>Identity and relationships</u>	<u>Digital literacy</u>	<u>Emotional wellbeing</u>	<u>Respectful Relationships</u>	<u>Discrimination</u>	<u>Citizenship</u>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>
<b>Knowledge</b>	<ol style="list-style-type: none"> <li>1. Habit and dependence</li> <li>2. Energy Drinks</li> <li>3. Tobacco and vaping</li> <li>4. Alcohol</li> <li>5. Cannabis</li> </ol>	<ol style="list-style-type: none"> <li>1. Healthy relationships</li> <li>2. Unhealthy relationships</li> <li>3. Forming new relationships</li> <li>4. Grooming</li> <li>5. Consent</li> <li>6. E-safety and sexting</li> </ol>	<ol style="list-style-type: none"> <li>1. Using social media as safely as possible</li> <li>2. Digital resilience</li> <li>3. Online Grooming</li> <li>4. Online extremism</li> <li>5. Biased and misleading information</li> <li>6. Gambling</li> </ol>	<ol style="list-style-type: none"> <li>1. Attitudes towards mental health</li> <li>2. Unhealthy and healthy coping strategies</li> <li>3. Change</li> <li>4. Grief and loss</li> </ol>	<ol style="list-style-type: none"> <li>1. Long term commitments</li> <li>2. Legal status of marriage</li> <li>3. Conception</li> <li>4. Parenting</li> <li>5. Families</li> <li>6. Causes of conflict in the home</li> <li>7. Homelessness</li> </ol>	<ol style="list-style-type: none"> <li>1. Diversity in the UK</li> <li>2. Prejudice, discrimination and stereotypes</li> <li>3. Sex, gender reassignment and sexual orientation</li> <li>4. Marriage, civil partnership, pregnancy and maternity</li> <li>5. Race and religion/belief</li> <li>6. Age and disability</li> <li>7. Challenging discrimination</li> </ol>	<ol style="list-style-type: none"> <li>1. Human Rights</li> <li>2. Democracy in the UK</li> <li>3. Alternatives to democracy</li> <li>4. How does voting work?</li> <li>5. How does politics affect me?</li> <li>6. Local services</li> </ol>

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**Year 9**

Topic	<u>Peer influence, substance use and gangs</u>	<u>Intimate relationships</u>	<u>Healthy Lifestyle</u>	<u>Setting Goals</u>	<u>Respectful Relationships (LGBTQ+)</u>	<u>Employability skills</u>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>
<b>Knowledge</b>	<ol style="list-style-type: none"> <li>1. Smoking and vaping</li> <li>2. Introduction to drugs</li> <li>3. Illegal drugs</li> <li>4. Risks in relation to drug use</li> <li>5. County Lines</li> <li>6. Gangs</li> <li>7. Carrying Knives</li> </ol>	<ol style="list-style-type: none"> <li>1. Delaying sexual activity</li> <li>2. Keywords and diagrams</li> <li>3. Why have sex?</li> <li>4. Consent</li> <li>5. Expectations – the influence off pornography</li> <li>6. More realistic expectations</li> <li>7. Contraception</li> <li>8. STIs</li> </ol>	<ol style="list-style-type: none"> <li>1. The 5 ways to wellbeing</li> <li>2. Self-esteem</li> <li>3. Body image</li> <li>4. Food and mood</li> <li>5. Self-care</li> <li>6. Breast and testicular examination</li> </ol>	<ol style="list-style-type: none"> <li>1. Identifying personal strengths and weaknesses</li> <li>2. Introduction to goal setting</li> <li>3. Short term vs long term</li> <li>4. Planning and time management</li> <li>5. Work experience preparation</li> <li>6. Setting career goals</li> <li>7. Reflection and feedback</li> </ol>	<ol style="list-style-type: none"> <li>1. Using the FIT video lesson 1 Introduction</li> <li>2. FIT Lee and Karmel</li> <li>3. FIT Tega and Jordan</li> <li>4. FIT Ryan and Isaac</li> </ol>	<ol style="list-style-type: none"> <li>1. The job market</li> <li>2. Professionalism</li> <li>3. Your online persona</li> <li>4. Interview practice</li> </ol>

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## Year 10

Topic	<u>Finances</u>	<u>Sanctity of Life 1</u>	<u>Mental Health</u>	<u>Long term intimate relationships</u>	<u>Sanctity of Life 2</u>	<u>Citizenship</u>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>
<b>Knowledge (Lessons)</b>	<ol style="list-style-type: none"> <li>1. Pay and taxes</li> <li>2. Budgeting</li> <li>3. Online financial risks</li> <li>4. Debt</li> <li>5. Loans</li> <li>6. Pensions</li> </ol>	<ol style="list-style-type: none"> <li>1. Value of Life</li> <li>2. Sanctity of Life and Quality of Life</li> <li>3. When does human life begin?</li> <li>4. Abortion and the law</li> <li>5. The abortion debate</li> <li>6. Abortion in America</li> <li>7. What is euthanasia?</li> <li>8. Should euthanasia be allowed?</li> </ol>	<ol style="list-style-type: none"> <li>1. Attitudes to mental health</li> <li>2. Attitudes to male mental health</li> <li>3. Common mental health conditions</li> <li>4. Overthinking</li> </ol>	<ol style="list-style-type: none"> <li>1. Rights and responsibilities</li> <li>2. Unhealthy relationships</li> <li>3. Partnerships</li> <li>4. Online sex and relationships</li> <li>5. Factors affecting intimate relationships</li> <li>6. Stls</li> </ol>	<ol style="list-style-type: none"> <li>1. What is the death penalty?</li> <li>2. The death penalty debate</li> <li>3. America and the death penalty</li> <li>4. What about war and the sanctity of life?</li> <li>5. Is some human life more valuable than others?</li> <li>6. Why do people commit crime?</li> <li>7. Aims of punishment</li> <li>8. Prisons</li> </ol>	<ol style="list-style-type: none"> <li>1. History of democracy in the UK</li> <li>2. Voting systems</li> <li>3. Human rights and international law</li> <li>4. Global organisations</li> <li>5. Do we know too much?</li> <li>6. Positive politics</li> </ol>

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## Year 11

Topic	<u>Critical Thinking</u>	<u>Safer Relationships</u>	<u>Religion and Sexuality</u>	<u>Health and wellbeing</u>	<u>Religion and Politics</u>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Problem solving</li> <li>• Communication and key terms</li> <li>• Making positive life choices</li> <li>• Critical thinking</li> <li>• Being a good citizen</li> </ul>
<b>Knowledge (Lessons)</b>	<ol style="list-style-type: none"> <li>1. Why is it important to understand bias?</li> <li>2. Why is it dangerous to trust everything we see online?</li> <li>3. Multicultural Britain</li> <li>4. Mis/disinformation</li> <li>5. How do we create an informed opinion?</li> </ol>	<ol style="list-style-type: none"> <li>1. Party Safety</li> <li>2. Coercive Control</li> <li>3. Beyond Consent</li> <li>4. Partnership</li> </ol>		<ol style="list-style-type: none"> <li>1. Breast and testicular cancer</li> <li>2. Cervical and prostate cancer</li> <li>3. Fertility and pregnancy</li> <li>4. Birth and miscarriage</li> <li>5. Unplanned pregnancy options</li> <li>6. Blood, organ and stem cell donation</li> </ol>	

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