PSHCE Y7DC1 milestones and corresponding evidence

Milestones	Evidence
<u>Transition and Safety</u> **British Values and Protected Characteristics:** Identification of them, explain why they're important, and where to go for support if not being followed	• DART assessment 1 • Challenge example in the British Values lesson • 'Walking in their shoes' written task in Equality lesson – developing empathy.

PSHCE Y7DC2 milestones and corresponding evidence

Milestones	Evidence
<u>Health and Puberty</u> **Changes during puberty and peer pressure** Identification of changes and pressure to fit in. Strategies to deal with peer pressure and where to get support	• DART assessment 2 • Identification of consequences of smoking and vaping in Tobacco and vaping lesson • Effective communication responses in Saying No lesson

PSHCE Y7DC3 milestones and corresponding evidence

Milestones	Evidence
<u>Digital Literacy</u> **Social media design and identifying risks.** What's real, what's not, who are you really talking to. Where to seek support	• DART assessment 3 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements
<u>Relationships – Citizenship.</u> **Healthy and unhealthy relationships.** Identification of healthy and unhealthy relationships, and where to seek support if needed.	• DART assessment 3 CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y8DC1 milestones and corresponding evidence

Milestones	Evidence
<u>Identity and relationships</u> **Healthy and unhealthy romantic relationships:** Identifying unhealthy factors in a romantic relationship, explaining why they're unhealthy and identifying how to seek support	• DART assessment 1 • Identify 3 actions that are unhealthy, and explain why. (Unhealthy Relationships lesson) • Identify considerations before posting something online (E-safety and sexting lesson)

PSCHE Y8DC2 milestones and corresponding evidence

Milestones	Evidence
<u>Empowered Users</u> **Social media and influence:** Identification of influence, real and AI. Consequences of deep fakes and how to seek support	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y8DC3 milestones and corresponding evidence

Milestones	Evidence
<u>Discrimination</u> **Discrimination based on the 9 Protected characteristics** Identification of discrimination and explanation of why it's discrimination. Identify support in relation to discrimination (homophobia or transphobia)	• DART assessment 3 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements
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PSHCE Y9DC1 milestones and corresponding evidence

Milestones	Evidence
<u>Thinking about the future</u> **Preparation for options and making good decisions** Identification of strengths, skills and interests in preparation for future decisions	• Task from How do I make good decisions lesson • Task from What have I done so far lesson
<u>Intimate relationships</u> **Consent**: the law in relation to freedom and capacity. Managing influences in relation to freedom and capacity. Risks regarding freedom and capacity	• DART assessment 1

PSHCE Y9DC2 milestones and corresponding evidence

Milestones	Evidence
<u>Intimate relationships</u> **Pornography, Contraception and STIs** Influence of pornography on relationships. Hormonal, and barrier contraception. Identification of STIs and where to get support.	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements
<u>Digital Risk</u> **Online financial harms and digital pressure in relationships** Identifying risk, explaining the risk, and knowing where to seek support	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y9DC3 milestones and corresponding evidence

Milestones	Evidence
Peer influence, substance use and gangs **Facts and laws relating to illegal and legal drugs.** Identifying risk, explaining risk, and identifying where to seek support	• DART assessment 3 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

Additional PSHCE Y9 milestone and corresponding evidence

Milestones	Evidence
Healthy Lifestyles **Healthy eating:** Identify nutrients necessary for a healthy body. Identify barriers to following a healthy diet. Recognise small changes that can be made to make a improve a diet.	• Scenario lesson assessment style but not for a DC point – just for checking for understanding.

PSHCE Y10DC1 milestones and corresponding evidence

Milestones	Evidence
Finances **Pay, tax, budgeting, debt and pensions.** Identify how to budget and make positive decisions regarding money management.	• Task in Online financial risk lesson
Ethics **Making ethically difficult decisions** Identify ethically difficult decisions, empathetically engage in the issues, and identify where to get support in making decisions	• Task in When does human life begin • DART assessment 1

PSHCE Y10DC2 milestones and corresponding evidence

Milestones	Evidence
<u>Long term relationships and digital ethics.</u> **Beyond consent:** Identifying sexual ethical behaviour. Facts about the law, risks, and where to seek support	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y10DC3 milestones and corresponding evidence

Milestones	Evidence
<u>Mental Health</u> **Mental health understanding and empathy.** Explore societal and gendered attitudes, recognising common conditions	• DART assessment 3 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y11DC1 milestones and corresponding evidence

Milestones	Evidence
<u>Critical thinking, extremism, and AI</u> **Algorithms, funnelling, rabbit holes and echo chambers** Critical thinking about what is being fed to us online	• DART assessment 1 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y11DC2 milestones and corresponding evidence

Milestones	Evidence
<u>Real world safeguarding – digital and offline risk</u> **Stalking, fixation, clubbing, pubbing, sexual violence** How to spot red flags and where to get support	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements

PSHCE Y11DC3 milestones and corresponding evidence

Milestones	Evidence
<u>Health and Wellbeing</u> **Accessing healthcare throughout the changes of life, screening, self-examination.** The importance of illness prevention and where to seek support when needed	• DART assessment 2 • CPs yet to be identified because new lessons being written to fulfil RSHE statutory requirements