

ECCLESFIELD SECONDARY CHEFS COUNTER MENU - APRIL 2018

Autograph

| | Monday | Tuesday | Wednesday British Classics | Thursday Theme Day | Friday Fisherman's Catch |
|---------------|--|---|--|---|---|
| WEEK 1 | Bacon Mac 'n' Cheese with Crusty Bread | BBQ Chicken with Rice and Peas | Roast Turkey with Sage and Onion Stuffing, Gravy and Roast Potatoes | Wild Cactus Mexican Beef Chimichanga with Salsa and Sour Cream and Potato Wedges | Fish Finger Bap with Mayo and Chips |
| | Vegetarian Paella with Crusty Bread | Spinach and Feta Calzone with Pasta Twists | *Vegetarian Sweet Potato Pie with Gravy and Roast Potatoes | Wild Cactus Mexican Bean Quesadilla with Salsa and Sour Cream and Potato Wedges | Cauliflower Cheese Burger in a Bap with Chips |
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| | Pear and Marble Sponge and Custard | Apple Crumble with Vanilla Ice Cream | Citrus Cheesecake | Honey Cake and Custard | Pineapple Upside Down Cake with Custard |
| WEEK 2 | Lamb Meatball Ragù with Spaghetti | Beef Chilli Tortilla Bake with Mexican Rice | Roast Beef with Yorkshire Pudding, Gravy and Roast Potatoes | Pickled Ginger Sweet Chilli Chicken Noodles | Battered Fish Fillet or Salmon Fingers with Tartare Sauce and Chips |
| | Vegetarian Sausage Ragù with Spaghetti | Bubble and Squeak with Boston Beans | Mediterranean Vegetable Gratin with Roast Potatoes | Pickled Ginger Hoi Sin Quorn with Egg Fried Rice | Cheese and Tomato Quiche with Chips |
| | *** | *** | *** | *** | *** |
| | Lemon Sponge with Custard | Pear and Chocolate Sponge with Chocolate Sauce | Iced Carrot Cake with Custard | Bread Pudding with Custard | *Apple Turnover |
| | Cheese and Bacon Burger with BBQ Potato Cake | Chicken and Vegetable Jambalaya with Herby Bread | Roast Chicken with Sage and Onion Stuffing, Gravy and Roast Potatoes | Green Mango Beef Keema Paratha with Rice and Flatbread | Battered Fish Fillet with Ketchup and Chips |
| | Quorn Cheese Burger with BBQ Potato Cake | Macaroni Cheese with Herby Bread | Vegetable Roast with Roast Potatoes and Gravy | Green Mango Cauliflower, Potato and Bean Curry with Rice and Flatbread | *Mediterranean Vegetable Slice with Chips |
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| | Apple Syrup Sponge and Custard | Ice Cream with Peaches | Rice Pudding with Summer Fruit Compote | Sticky Toffee Pudding with Toffee Sauce | Banana Bread and Butter Pudding with Chocolate Sauce |

| Compliance Key |
|------------------------------|
| VEGETARIAN NON-DAIRY X 3 MIN |
| *PASTRY X 2 MAX |
| 50:50 FRUIT DESSERT X 2 MIN |
| STARCH COOKED IN OIL X 2 MAX |
| MEAT PRODUCT X 2 MAX |
| DAIRY X 1 PER DAY |
| WHOLEGRAIN X 1 MIN |